

PATIENT PREPARATION INSTRUCTIONS

ULTRASOUND PREPARATIONS

ABDOMEN, ABDOMINAL, AORTA

Avoid excess fats the night prior to the exam and solid food 8 hours before the exam. Small quantities of clear fluids are permitted.
(Any medication should be taken as required).

PELVIC ONLY - FEMALE & MALE

One hour prior to exam drink 4 cups of water (total 32oz). Do **NOT** empty bladder.

PROSTATE-TRANSRECTAL

The evening before the examination, take a fleet enema (purchased at the drug store). One hour prior to exam, drink 4 cups of water (total 32 oz). Do **NOT** empty bladder.

ABDOMEN & PELVIS. SAME VISIT

Avoid solid foods and excess fats 8 hours before the exam. Small quantities of clear fluids are permitted.
One hour prior to exam drink 4 cups of water (total 32 oz). Do **NOT** empty bladder.

PREGNANCY

One hour prior to the exam, drink the required amount of water under

12 weeks	4 cups (32 oz)
14 - 24 weeks	3 cups (24 oz)
Over 24 weeks	2 cups (16 oz)

SCROTUM, THYROID+NECK, PARATHYROID, SALIVARY GLANDS, MUSCULO-SKELETAL

No preparation required.

ECHOCARDIOGRAM, ECG

No preparation required.

X-RAY PROCEDURES

No preparation required.

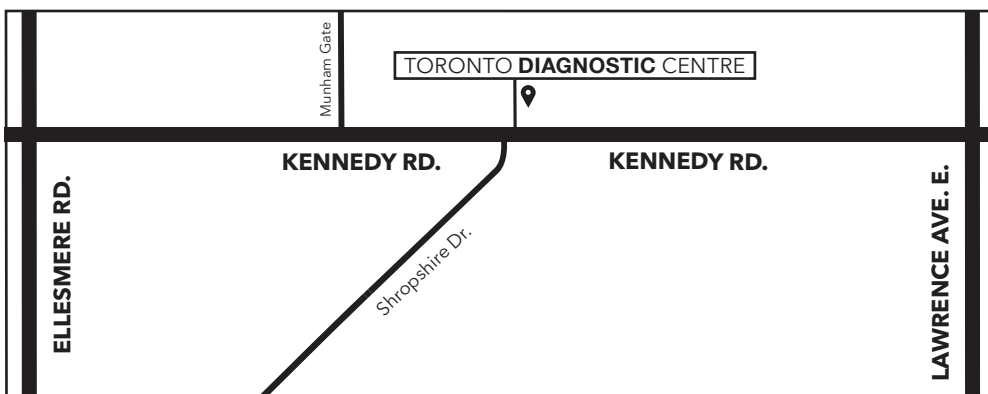
BONE MINERAL DENSITY

No vitamins, no calcium or iron supplements on day of your exam.

APPOINTMENTS

PLEASE FOLLOW PREPARATIONS CAREFULLY:

- We reserve the right to refuse and reschedule services due to circumstances such as arrival time, equipment downtime, patient/equipment weight capacities, etc.
- Please allow approx. 45 minutes for each exam.
- **Please arrive 10 minutes prior** to your scheduled appointment in order to register and to complete any necessary paperwork.
- **48 Hour notice is required for cancellations, \$50 fee may be charged for missed appointment with no notice.**
- Report will be sent to the referring physician within 2 - 3 days.
- Urgent cases will be forwarded as soon as possible.
- Ministry of Health guidelines restrict the release of reports directly to patients.



1261 KENNEDY ROAD, UNIT 3

SCARBOROUGH, ON

M1P 2L4

P. 416-288-1114

F. 416-288-1113

info@torontodiagnosticcentre.com

www.torontodiagnosticcentre.com